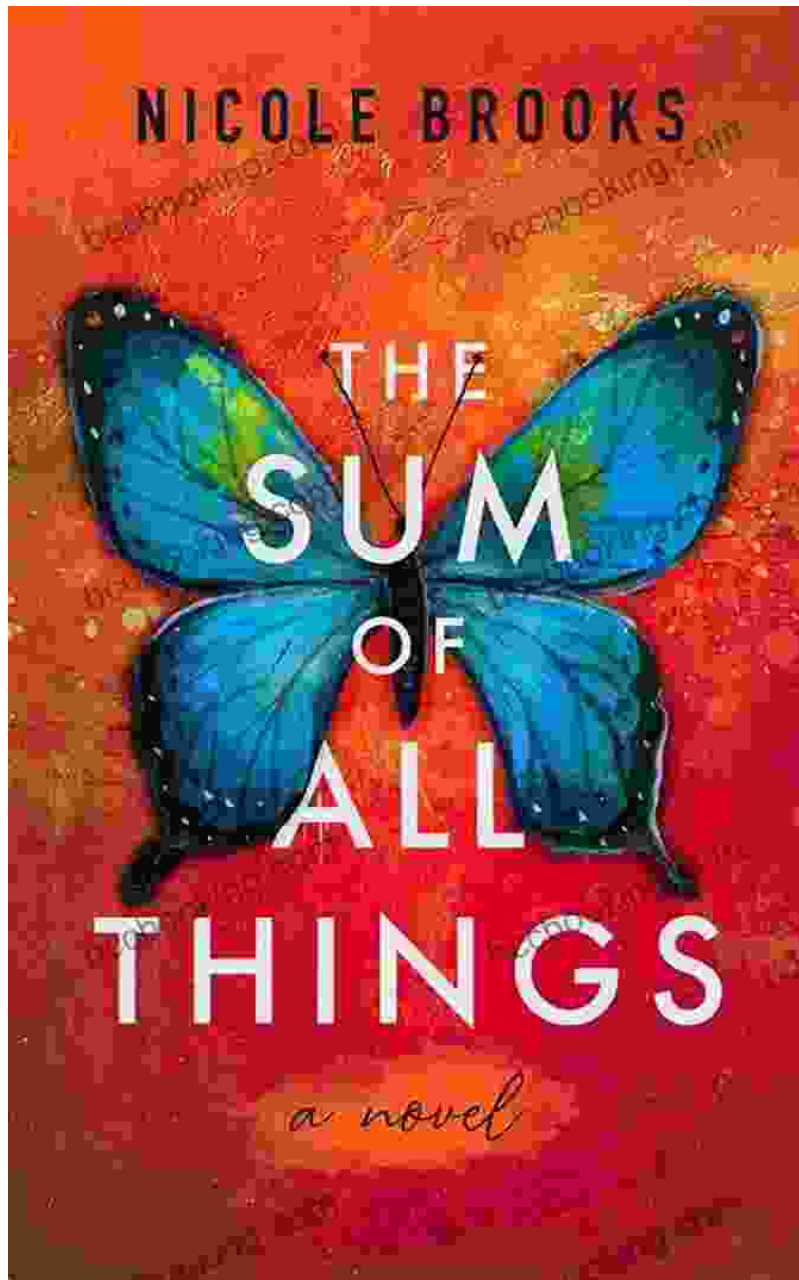


# At the Chinese Table: A Captivating Memoir and Recipe Collection

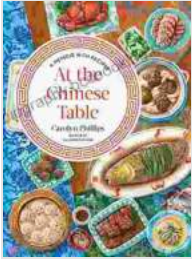


## At the Chinese Table: A Memoir with Recipes

by Carolyn Phillips

★★★★☆ 4.5 out of 5

Language : English



File size : 45149 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 304 pages



## **A Culinary Odyssey into the Heart of China**

Prepare to be whisked away on an extraordinary culinary journey with "At the Chinese Table," a captivating memoir and recipe collection that unveils the rich tapestry of authentic Chinese cuisine and the vibrant culture that surrounds it.

Through the eyes of renowned chef and food writer, you'll embark on an immersive adventure into the heart of China, exploring bustling street markets, traditional family kitchens, and renowned restaurants.

Along the way, you'll encounter the diverse flavors, techniques, and traditions that define Chinese culinary heritage, gaining an insider's perspective on the ingredients, cooking methods, and regional variations that make this cuisine one of the most beloved and celebrated in the world.

## **Unveiling the Secrets of Authentic Chinese Cooking**

"At the Chinese Table" is not merely a cookbook. It's a culinary encyclopedia, a treasure trove of knowledge and inspiration for both novice and seasoned cooks alike.

With over 100 meticulously curated recipes, you'll master the art of creating authentic Chinese dishes in your own kitchen. From classic Cantonese dim sum to spicy Sichuanese feasts, every recipe has been refined and perfected to bring you the true flavors of China.



## **A Window into Chinese Culture and Traditions**

Beyond the recipes, "At the Chinese Table" offers a rare glimpse into the rich culture and traditions surrounding Chinese dining.

You'll learn about the significance of family meals, the etiquette of dining, and the symbolism behind various dishes. Through personal anecdotes and captivating storytelling, you'll gain a deeper understanding of the role food plays in Chinese society.

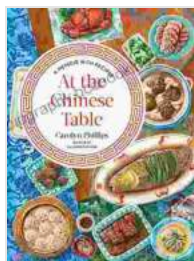
"At the Chinese Table" is a culinary masterpiece, a memoir that immerses you in the vibrant world of Chinese cuisine and a cookbook that unlocks the secrets of authentic Chinese cooking.

Whether you're a passionate foodie, a dedicated home cook, or simply eager to expand your culinary horizons, this book is an indispensable guide to the extraordinary flavors and traditions of Chinese culture.

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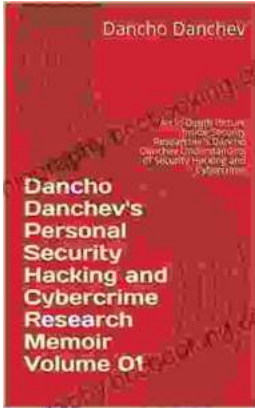
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