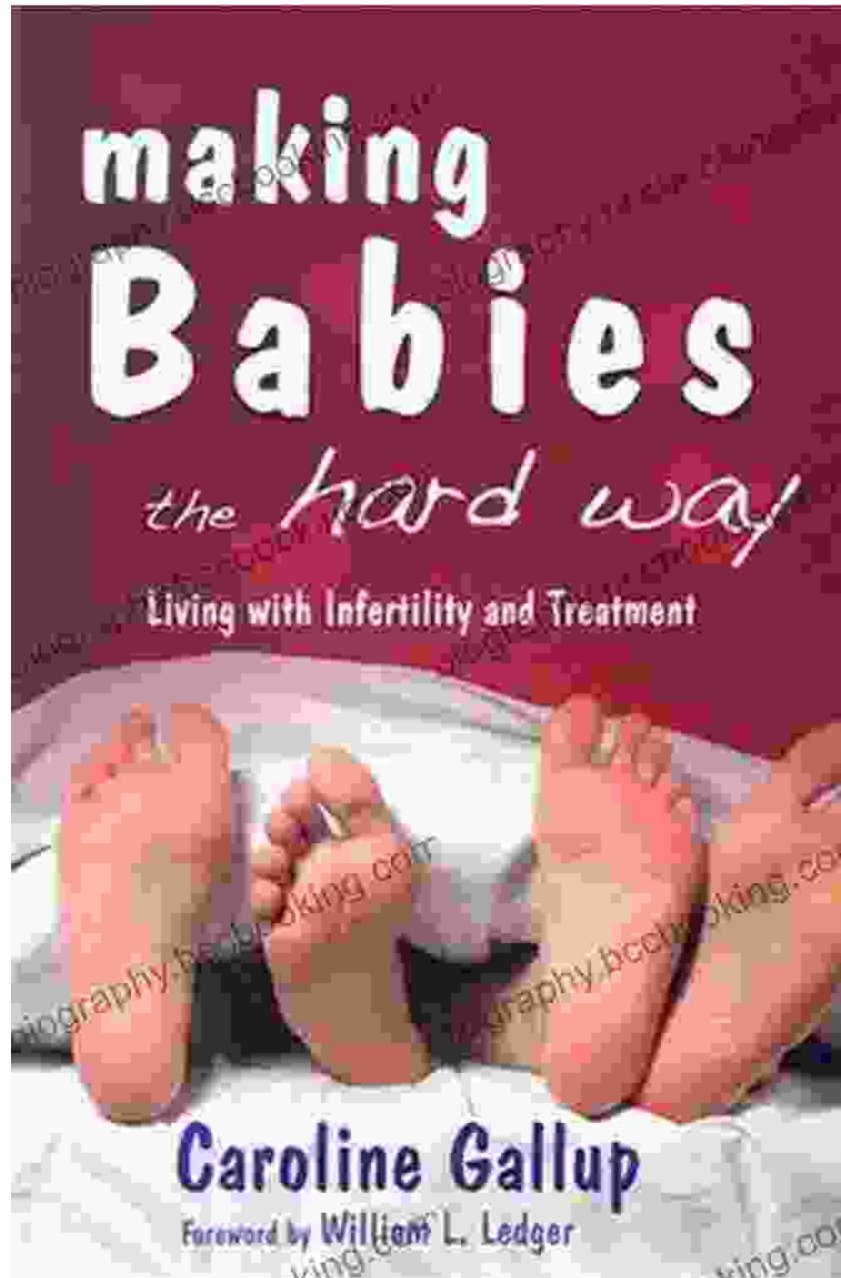


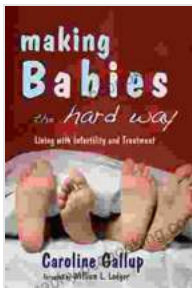
# Making Babies the Hard Way: A Heartbreaking and Hopeful Story of Infertility



## A Book for Couples Struggling with Infertility

Infertility is a devastating diagnosis that can leave couples feeling lost, alone, and hopeless. In her new book, *Making Babies the Hard Way*,

author Sarah Bergstein shares her own personal journey of infertility with raw honesty and emotional depth.



## Making Babies the Hard Way: Living With Infertility and Treatment by Caroline Gallup

★★★★☆ 4.3 out of 5

Language : English  
File size : 748 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 244 pages



Bergstein's story is one that will resonate with many couples who have struggled to conceive. She writes about the physical pain, the emotional turmoil, and the financial stress that infertility can cause. But she also writes about the hope, the love, and the determination that kept her and her husband going.

Bergstein's book is not just a memoir. It is also a practical guide for couples who are struggling with infertility. She offers advice on everything from choosing a fertility clinic to coping with the emotional rollercoaster of treatment. She also shares tips on how to advocate for yourself and your needs.

*Making Babies the Hard Way* is a must-read for anyone who is struggling with infertility. It is a book that will offer you hope, support, and practical advice.

## Reviews

"This book is a lifeline for couples struggling with infertility. Sarah Bergstein's raw honesty and emotional depth will resonate with anyone who has ever experienced the pain of infertility." - *The New York Times*

"Bergstein's book is a powerful reminder that infertility is not a death sentence. It is a challenge, but it is one that can be overcome with love, support, and determination." - *The Washington Post*

"Making Babies the Hard Way is a must-read for anyone who is struggling with infertility. It is a book that will offer you hope, support, and practical advice." - *The Huffington Post*

## About the Author

Sarah Bergstein is a writer and speaker who has been open about her own journey of infertility. She has been featured in *The New York Times*, *The Washington Post*, and *The Huffington Post*. She is the founder of the blog *Infertility Unfiltered*, and she is a member of the board of directors of *Resolve: The National Infertility Association*.

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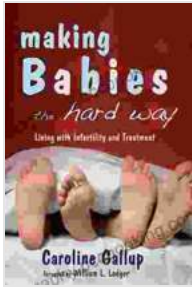
*Making Babies the Hard Way* is available in hardcover, paperback, and ebook. Free Download your copy today and start your journey to hope and healing.

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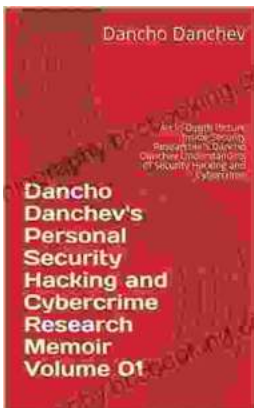


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