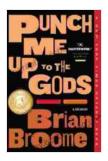
Punch Me Up to the Gods: An Unforgettable Journey of Identity, Love, and Redemption



Punch Me Up To The Gods: A Memoir by Brian Broome

★ ★ ★ ★ ★ 4.6 out of 5 Language : English File size : 1858 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled X-Ray : Enabled Word Wise : Enabled Print length : 277 pages



Julie Kagawa's *Punch Me Up to the Gods* is a powerful and moving memoir that tells the story of a young woman's journey from the depths of despair to the heights of self-discovery and healing.

Kagawa's story begins with her childhood in New York City, where she was raised by a strict and abusive father. Her home life was filled with fear and violence, and Kagawa found herself struggling to escape her father's control.

As she grew older, Kagawa's struggles continued. She was bullied at school and struggled with mental illness. She began to abuse drugs and alcohol, and her life spiraled out of control.

One night, Kagawa reached her breaking point. She had a complete mental breakdown and was hospitalized. It was during this time that she finally

began to confront the trauma of her past.

With the help of her therapist, Kagawa began to understand the ways in which her childhood abuse had affected her life. She learned how to cope with her mental illness and began to rebuild her self-esteem.

Kagawa's journey was not easy, but she never gave up on herself. She fought for her recovery and eventually found the strength to forgive her father.

Punch Me Up to the Gods is a powerful testament to the human spirit's ability to overcome adversity. Kagawa's story is an inspiration to anyone who has ever struggled with trauma or adversity. It is a reminder that we are all capable of healing and finding hope, even in the darkest of times.

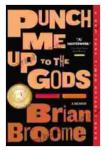
Praise for *Punch Me Up to the Gods*

- "A brave and honest memoir that will resonate with anyone who has ever struggled with trauma or adversity."— The New York Times
- "Kagawa's writing is raw and unflinching, but it is also full of hope and redemption."— The Washington Post
- "A powerful and moving memoir that will stay with you long after you finish reading it."—People Magazine
- "Julie Kagawa is a true survivor. Her story is an inspiration to anyone who has ever faced adversity."— *Oprah Winfrey*

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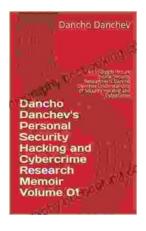
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