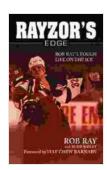
Rob Ray: The Hard-Hitting Memoir of a True Hockey Enforcer

Rob Ray is a former professional hockey player who played in the NHL for 14 seasons. He was known for his physicality and willingness to drop the gloves, and he was one of the most feared enforcers in the league. In his memoir, Tough Life On The Ice, Ray shares his experiences on and off the ice, revealing the challenges and rewards of being a professional athlete.



Rayzor's Edge: Rob Ray's Tough Life on the Ice

by Budd Bailey

★ ★ ★ ★ 4.1 out of 5 Language : English File size : 4191 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled : Enabled Word Wise Print length : 181 pages Lending : Enabled



Growing Up

Ray grew up in a small town in Ontario, Canada. He was a talented hockey player from a young age, and he quickly rose through the ranks of minor hockey. He was drafted into the NHL by the Buffalo Sabres in 1989, and he made his NHL debut in 1991.

Life in the NHL

Ray quickly established himself as one of the most physical players in the NHL. He was known for his willingness to drop the gloves and fight anyone who challenged him. He was also a valuable member of his team, providing energy and intimidation.

Ray played for several teams during his NHL career, including the Buffalo Sabres, Ottawa Senators, and Edmonton Oilers. He was a member of the Sabres team that reached the Stanley Cup Finals in 1999.

Retirement

Ray retired from the NHL in 2004. He finished his career with 1,235 penalty minutes, which ranks him 10th all-time in NHL history. He also had 49 goals and 113 assists in 903 career games.

Legacy

Rob Ray is considered one of the toughest players to ever play in the NHL. He was a feared enforcer who was known for his physicality and willingness to drop the gloves. He was also a valuable member of his team, providing energy and intimidation.

Ray's memoir, Tough Life On The Ice, is a captivating read that provides a rare glimpse into the world of professional hockey. Ray shares his experiences on and off the ice, revealing the challenges and rewards of being a professional athlete. Rob Ray: Tough Life On The Ice is a must-read for hockey fans and anyone interested in the life of a professional athlete.

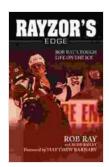
Rob Ray is a true hockey legend. He was one of the most feared enforcers in the NHL, and he was also a valuable member of his team. His memoir,

Tough Life On The Ice, is a captivating read that provides a rare glimpse into the world of professional hockey.

If you are a hockey fan, or if you are interested in the life of a professional athlete, then you need to read Rob Ray: Tough Life On The Ice. It is a book that you will not soon forget.

Additional Resources

* [Rob Ray's website](https://www.robraysports.com/) * [Rob Ray's Twitter account](https://twitter.com/robraysports) * [Rob Ray's Instagram account] (https://www.instagram.com/robraysports/)



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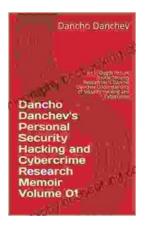


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