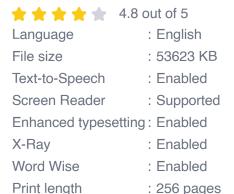
The Good Death: A Journey into Dying's Meaning



From Here to Eternity: Traveling the World to Find the

Good Death by Caitlin Doughty





What does it mean to die a good death? Is it possible to find peace and meaning in the face of our own mortality? In her new book, *Traveling the World to Find the Good Death*, award-winning journalist Katy Butler sets out to answer these questions by exploring the different ways people around the world die, and what we can learn from them about how to live a good life.

Butler's journey takes her to India, where she witnesses the ancient tradition of sati, in which widows throw themselves on their husbands' funeral pyres. She visits Mexico, where she learns about the Day of the Dead, a holiday that celebrates the lives of the deceased. And she travels to Japan, where she meets with a group of elderly people who are preparing for their own deaths.

Through her encounters with people from all walks of life, Butler comes to see that there is no single "good death." What matters most is that we find a way to die that is consistent with our own values and beliefs. For some people, this may mean dying at home surrounded by loved ones. For others, it may mean dying in a hospital with access to the best medical care. And for still others, it may mean dying in a hospice or other setting where they can receive compassionate care.

No matter how we die, Butler argues that it is possible to find meaning in the process. By embracing our mortality, we can learn to live more fully and appreciate the preciousness of life. We can also find comfort in knowing that we are not alone in our journey, and that there are people who care about us and will be there for us until the end.

Traveling the World to Find the Good Death is a powerful and moving book that will change the way you think about death and dying. It is a must-read for anyone who is interested in living a good life and dying a good death.

Reviews

"A beautifully written and deeply moving exploration of death and dying.

Butler's journey around the world is a testament to the human spirit's resilience and capacity for love and compassion." —The New York Times

Book Review

"A must-read for anyone who is interested in living a good life and dying a good death. Butler's book is a powerful and moving meditation on mortality that will stay with you long after you finish it." —**The Washington Post**

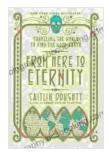
"A remarkable and important book. Butler's journey around the world is a powerful reminder that death is a part of life, and that we should not fear it. She shows us that it is possible to find meaning and peace in the face of our own mortality." —NPR

About the Author

Katy Butler is an award-winning journalist who has written for The New York Times, The Washington Post, and The Guardian. She is the author of the books *Knocking on Heaven's Door: The Path to a Better Way of Death* and *The Art of Dying Well: A Practical Guide to a Good Death*. She lives in New York City.

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Free Download your copy of *Traveling the World to Find the Good Death* today!



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 ★ ★ ★ ★ 4.8 out of 5 Language : English File size : 53623 KB : Enabled Text-to-Speech Screen Reader : Supported Enhanced typesetting: Enabled : Enabled X-Rav Word Wise : Enabled Print length : 256 pages





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